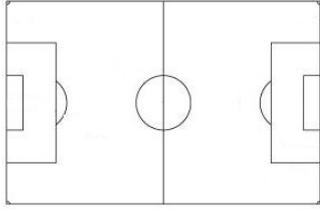
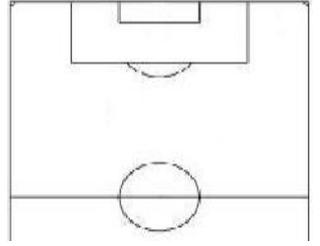
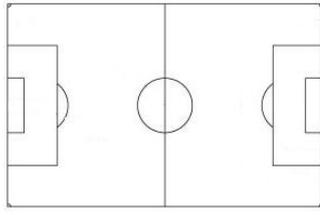
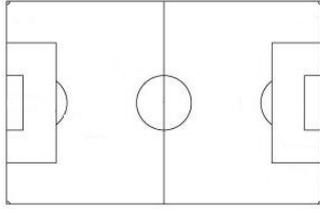
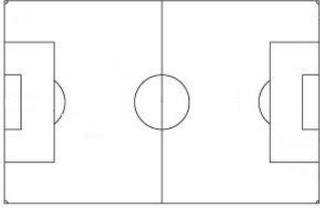


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| DATA | | ORE | |  |  |  |  |  | ALL.NR° | |
| OBIETTIVO | Tattica offensiva (squadra <input type="checkbox"/> over 18 <input type="checkbox"/> 14/16 anni <input type="checkbox"/> 8/12 anni) | | | | | | | | | |
| PROSSIMA GARA | | DATA | | LUOGO | | ORE | | | | |
| | | | | | | | | | | |
| CONTINGENTE | PORTIERI | | INFORTUNATI | | | | | | | |
| | GIOCATORI | | ASSENTI | | | | | | | |
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| fase | tempo | ATTIVITÀ | | | | | | | | |
| RISCALDAMENTO | |  | | | | | | | | |
| FASE CENTRALE <i>Esercitazioni analitiche</i> | |  | | | | | | | | |
| <i>Situazioni di gioco</i> | |   | | | | | | | | |
| <i>Giochi a tema</i> | |  | | | | | | | | |
| <i>Gioco finale</i> | | | | | | | | | | |
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| ANNOTAZIONI POST-ALLENAMENTO | | | | | | | | | | |
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