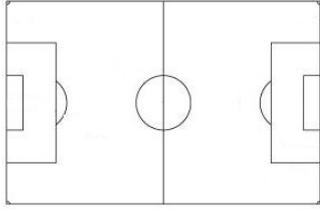
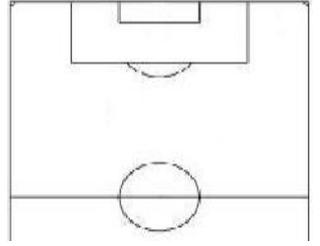
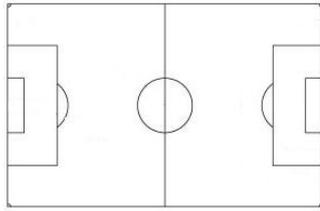
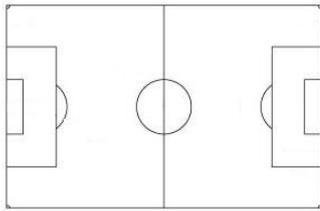
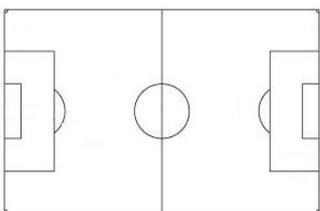


DATA		ORE							ALL.NR°	
OBIETTIVO	<b>All. portiere</b> (squadra <input type="checkbox"/> over 18 <input type="checkbox"/> 14/16 anni <input type="checkbox"/> 8/12 anni)									
PROSSIMA GARA		DATA		LUOGO		ORE				
CONTINGENTE	PORTIERI		INFORTUNATI							
	GIOCATORI		ASSENTI							
fase	tempo	ATTIVITÀ								
RISCALDAMENTO										
<b>FASE CENTRALE</b> <i>Esercitazioni analitiche</i>										
<i>Situazioni di gioco</i>		 								
<i>Giochi a tema</i>										
<i>Gioco finale</i>										
<b>ANNOTAZIONI POST-ALLENAMENTO</b>										